



**MovES~Movement Education Services Ltd** aims to present, and share with you the concepts, philosophy and practice of the Neuromuscular Approach to Human Movement (NMAHM)<sup>®</sup>.

MovES Ltd NMAHM<sup>®</sup> individual modules and courses generally start with review of your current experience and knowledge base with regard to your understanding of movement in general, and to specific areas of movement practice eg exercise, and manual handling (moving & handling) etc.

Each course pathway aims to progress your knowledge and understanding, and facilitate the development of practical abilities to enable you to become a safer movement practitioner.

Depending on the pathway followed, the focus may be for your personal self-care; for those successfully undertaking the progressed modules such knowledge and skills are further developed to enable you to support others in their personal and professional practices.

Successful completion of the accredited course offers the potential to begin to develop and facilitate programmes based upon the NMAHM<sup>®</sup>.

#### **Access to MovES Ltd NMAHM Course Pathways**

It is anticipated that potential candidates for all NMAHM<sup>®</sup> modules and courses shall have:

- an interest in body care related to both
  - prevention & management of musculoskeletal disorder and injury
  - maintenance or improvement of health & well-being
- a level of health, fitness and ability to be able to physically participate in practical activities

Additionally for some course pathways potential candidates shall be expected to have:

- an interest in assessing, maintaining and/or developing quality with regard to movement, including moving & handling applied in professional practice, and, as applicable, service delivery
- a level of fitness and physical ability to be able to accurately demonstrate movement activities, including (as applicable) defined exercise and/ or moving & handling methods
- an interest in personal/ inter-personal/ professional skills development
- an ability to appropriately (respectfully and fairly) communicate and co-work with others, whether patients/ clients, colleagues, or others
- an interest, or previous experience, in training & education.

In addition to these qualities, candidates are specifically requested to consider whether they have sufficient resources to undertake the time and study commitments associated with the individual modules or courses.

Employed personnel are particularly directed to gaining local managerial support for study time and for undertaking and completing associated learning development activities.

To help you with some study activities access to a word processor or computer, and a basic level of computer skills would be helpful.

In addition, access to a computer with internet connection facilities is necessary if you follow the accredited course pathway.

For the accredited course in particular, access to professional/ academic library resources either directly or indirectly eg via membership of a professional body, or via employment is normally required.

### **Defined Course Pathways**

Courses are mounted in response to demand which may influence the course pathway availability. Subject to prospective students meeting entry criteria they may select their study pathway via an accredited, non-accredited or combined pathway according to their personal preference, or professional/ occupational requirements.

Each of the defined modules indicates a target group, the intended purpose and (as applicable) defined entry and progression requirements (please see also MovES Ltd General Course Information for Students or go to [www.moves.org.uk](http://www.moves.org.uk)).

### **Non-accredited pathway**

Prospective students who do not hold an academic qualification or have been away from formal education for some time, or have not recently undertaken a course of study may be able to apply for some of the modules and courses as other criteria maybe taken into account.

These could include: completion of an appropriate study/ Access course with a Further/ Higher Education organisation, recent study experience, recognition of particular skills and/or knowledge (via APEL/APL) , current/ past employment, professional qualifications, and of course evidence of enthusiasm and commitment which indicates to us that you have the potential to successfully follow a pathway of study.

Mature students are particularly welcomed to the course as their diverse range of life experience and contact with different methods is of great advantage in facilitating learning within the MovES Ltd courses.

Candidates for all courses must however be able to understand and express themselves in both written and spoken English and some evidence (e.g. TOEFL at 550 or an IELTS score of 6.0) may be required.

### **Accredited Course**

The accredited course is particularly designed for candidates with a healthcare degree qualification which has specifically included study of life science(s) related to movement, and in particular anatomy and physiology.

Should the qualification have been gained more than 3 years prior to the commencement of the MovES Ltd course it will normally require to be supported with an evidenced track record of recent, preferably successful study at academic Level 2 or above (see also MovES Ltd General Course Information for Students).

**An alternative mode of entry to the accredited course** may be offered to candidates who fulfil the entry requirements for the accredited course but who may be initially unsure about the level of development required to be attained, their level of commitment to the longer course process, their ability to appropriately engage with the period of ongoing study associated with the accredited course and their level of academic abilities etc.

This comprises successful completion of MovES Ltd Introductory module plus Level 1 & 2 modules, and the transitional module.

This pathway provides a progressed educational input regarding the NMAHM®, but is also intended to equip candidates with the levels of practical skills, knowledge and understanding necessary for the successful undertaking of the accredited course while allowing re-development and demonstration of the levels of requisite study skills.

Students who successfully follow this pathway will be exempted from some of the accredited course activities.

#### **Summary: Main entry pathways/ options :**

- I have a healthcare qualification which is based upon study of the life-sciences to primary degree/ higher level which I have gained within the last 3 years.

*You are eligible for direct entry to any of the MovES Ltd courses, subject to their defined entry criteria being met, including the accredited course*

- I have a healthcare qualification which is based upon study of the life-sciences to primary degree/ higher level which I gained more than 3 years ago.

*You may be eligible to apply for the accredited course pathway: please contact MovES Ltd for further discussion.*

*Or you may choose to apply and register for the accredited course, and follow the Introductory module\*, Level 1, Level 2 and transitional modular course pathway. Successful completion of this pathway would allow exemption from some of the normal accredited course pathway activities.*

*Or you may prefer to apply for the Introductory module\* initially, and then discuss the possibility of further development options.*

**\* NB Exemption from attendance at this module may be possible through evidenced attendance and completion of an equivalent, NMA-named induction process led by suitably qualified persons as per MovES Ltd/ Standards of NMA Practice.**

- I do not have a healthcare qualification nor any qualification that has involved study of the life sciences to primary degree/ higher level
- I am not sure of my study abilities
- I am not sure of my longer-term commitment to lengthy studies
- I am not sure how much support I will get for study
- I am not seeking to undertake the MovES Ltd course pathways to follow beyond the needs for my own personal/ professional occupational practice
- I am required to undertake an assessed learning process to establish whether I have the ability to progress to MovES Ltd Link-worker equivalent
- I am not required to undertake any primary teaching/ training with regard to the NMAHM®

*You will be eligible to apply for the Introductory module and may be eligible to enter the Level 1 process: please contact MovES Ltd for further discussion.*

*The possibility of any further development options may then be discussed once you have experienced the initial phases of this course pathway, and been assessed with regard to your interest, need, abilities etc*

*You will not normally be eligible for entry to the MovES Ltd accredited course, please email us at [info@moves.org.uk](mailto:info@moves.org.uk) for further discussion.*



**For further general information visit us at:**

[www.moves.org.uk](http://www.moves.org.uk)

**If you have a specific question,  
you are welcome to e-mail us at:**

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